



Are there any risks?

As with any surgical procedure, there are always risks associated with it. These include:

- Post-operative infection
- Nerve damage following anesthetic
- Verruca may not resolve
- Heavy post op bleeding

Other Information

The procedure itself takes around 25 minutes. You are allocated 1 hour to ensure the anesthetic takes effect

Wear comfortable shoes on the day as your first dressing may be bulky

Do not drive until the anesthetic has 100% worn off

Do not drink alcohol for 24 hours post op

You will be able to walk afterwards, and return to work etc the following day

Your foot will remain numb for around 3 hours post op

Contact Us

Phone: 0161 480 5659

Email: fancyfeetstockport@yahoo.co.uk

Web: www.fancyfeetstockport.co.uk

Next Appointment

Date	
Time	



VERRUCA NEEDLING

Information Leaflet



FANCY FEET
14 BRAMHALL LANE
STOCKPORT
SK2 6HR



What is verruca needling?

This procedure has been around for decades, but has only recently become a treatment used in podiatry. Your podiatrist has undergone extensive training in this procedure and will have a certificate to demonstrate this skill.

Dry needling is a minor surgical procedure, performed under local anesthetic.

Once your foot is numb, a fine needle is used to puncture the verruca lesion in order to push it in to your blood stream and stimulated an immune response, which is required for verruca resolution.

The lesion(s) do bleed during the procedure but this stops immediately when needling is stopped.

It is important to let your podiatrist know if you are on any blood thinning medication or have any issues with blood clotting prior to the procedure.

Who can have the needling procedure?

This treatment is only available to those over the age of 18, who have had their verrucae for a significant amount of time and have tried all other methods to eliminate the verrucae.

Anyone under the age of 18 are ineligible as the immune system is still developing and there is a significantly higher chance of the verrucae will resolve on their own without this invasive procedure.

Anyone with medical issues such as renal failure; heart failure; liver disease; undergoing current cancer treatments; uncontrolled diabetes; taking medication such as immunosuppressants/methotrexate/ warfarin/ any other blood thinners must have written permission from their GP or consultant prior to the procedure. Your podiatrist will arrange this for you if required.



What will happen?

- You will undergo a full assessment to ensure you are suitable for the procedure
- Appointments generally take around 1 hour to allow for your foot to go numb and the procedure to be undertaken
- Once the area around your verruca is numb, your podiatrist will carry out the needling procedure
- A sterile dressing will be applied
- You will be given a follow up appointment to be reviewed within 7 days. This is to ensure there are no post op infections, and also ensure the procedure was successful.
- You must have somebody with you on the day of the procedure to drive you home, as your foot/ part of your foot will be numb
- At your follow up appointment, the area needled will have developed an eschar (scab). This will need to be debrided by your podiatrist. This should not be uncomfortable.